

# **Antioch Community Church**

## *Discipleship First Steps*

*Hear God. Obey. Repeat.*

### XIII. What Do I Do?

Walk your disciple through the following discipleship lessons. Take your time as you move through them; the growth process shouldn't be rushed. Some lessons can be learned in one week, while others may take more time. Listen to God and use your discernment.

**\*Remember:** God is ultimately the One who causes growth. That being said, the most important thing you can do is **pray**. Pray for your disciple before, during, and after discipleship meetings.

#### 1. Define the Relationship - What is discipleship? Who is a disciple? What does discipleship time look like?

*Simply put, discipleship is about learning to hear and obey God. Discipleship is one friend helping another fulfill his/her God-given potential. Discipleship involves being real, sharing life, listening to God, obeying God, confessing sin, and practicing other spiritual disciplines in the context of intentional relationship. Share your story of being discipled.*

#### 2. Hear Their Story - Discipleship is not a project or program; it is a God-centered friendship. In discipleship, the relationship always comes first. For that reason, we start at the beginning.

Ask, "How did you become a Christian? What is your experience with church? What are your passions/gifts? Where are you now? Bring me up to date." Use this conversation to determine how to pray for your disciple.

#### 3. Wait on the Lord and Hear God's Voice - The Christian life is all about relationship with God. Relationships are built on frequent and honest communication. Therefore praying to, listening to, and hearing from God is how real relationship with Him happens.

*John 10:1-4; Exodus 33:11; Psalm 5:3; Psalm 130:5-6.* Ask God, "What do you think of me? What do you like about me?" **Action Point:** Wait on God everyday this week. Report back what He speaks.

#### 4. Deep Personal Relationship With Jesus - If we are to know God truly and love God deeply, we must spend time with Him daily.

*Luke 5:16.* Time with God involves worship, thanking God, trusting God, Bible Study, waiting on and hearing from God. Look at the 'Character of God/Identity in Christ Declarations' & 'Daily Quiet Time with God' sheets. Model spending time with God.

**Action Point:** Spend time with God everyday this week. Report back how it went.

#### 5. Identity and Freedom in Christ/Inner Healing - Painful moments in life cause us to believe lies about ourselves. The cure is learning to see ourselves the way God does.

*2 Corinthians 5:17.* Show your disciple the 'Character of God/Identity in Christ Declaration' sheet. Look at the sheet to see which truths are most meaningful. Ask God, "who do You say I am?"

**Action Point:** Continue to ask God about your true identity. Speak it to yourself everyday. Report back how it went.

#### 6. Lifestyle of Evangelism - Telling others about Jesus is the natural overflow of our joy in Jesus.

*Philemon 1:6.* Teach Romans 6:23, bridge diagram, 2 min. testimony, and treasure hunting. Model evangelism by treasure hunting and sharing the full gospel.

**Action Point:** Share the full gospel with at least one person this week. Report back how it went.

7. **Making Disciples** - Being Christ-like involves training and discipling others. God's purposes are accomplished as the life of Jesus is multiplied and reproduced.

*Matthew 28:18-20; 2 Timothy 2:2. Give your disciple a copy of the discipleship bookmark and teach him/her the process.*

*Encourage your disciple that obedience - not knowledge - is the mark of spiritual maturity. Ask God, "Is there someone you would like me to disciple?"*

**Action Point:** Continue to ask God about who you should disciple. Initiate with the person. Report back.