

Q U I E T T I M E / D E V O T I O N A L L I F E

Daily Quiet Time With God

T H E I M P O R T A N C E O F D A I L Y
Q U I E T T I M E W I T H G O D

Follow these steps to activate your personal
quiet time with God.



B U R N I N G
H E A R T S

Daily Quiet Time With God

DAILY QUIET TIME

- 1** Spend time worshipping the Lord. Worship Him by quoting scripture, and through song. The goal is to focus your heart on Jesus, the Author and Perfecter of your faith, and to allow you to rejoice in God's goodness and His faithfulness to fulfill His promises.
- 2** Meditate on the Father, Son and Holy Spirit. You may find the following scriptures helpful: Psalm 139:13-17; Hebrews 1:1-3; John 16:7-16
- 3** Pray for:
 - a. *Intimacy with Christ, power to walk with God and for any specific needs you or others might have.*
 - b. *Family: Parents, children, spouse, siblings*
 - c. *Those in authority over you: Lifegroup leaders, church leaders, government leaders, etc.*
 - d. *Peers: People in your Lifegroup, friends, roommates, classmates, co-workers, etc.*
 - e. *Pray for the unreached nations of the world and for those you know who do not have a personal relationship with Jesus. Pray for the veil of unbelief to be lifted from their eyes, taking away any strongholds that are keeping them from knowing Christ.*
- 4** Spend time learning to listen to the Lord. Ask God if there is anyone you need to encourage or if there is any area of your life that is not totally submitted to Him. Keep a journal, noting what God is saying.

- 5** Read and memorize His Word. Start by reading a chapter of the Old Testament and a chapter of the New Testament, or you could read through the Bible in a year. Pick a scripture verse or passage to memorize each week and recite it daily.

A great tool for taking in God's Word for all its worth is using the SOAP Method:

Scripture: Start by picking the scripture you want to read and dig into.

Observation: What is going on in this scripture? Who are the characters?

What is the setting? What is the emotion? These observations can be either one verse or a whole book.

Application: How do you take the observations from the scripture and apply them to your life?

Prayer: Spend some time thanking God for the new revelations you got out of the scriptures. Pray that He will help you to apply these into your daily life/routine.

"We personally encourage you to add an extra "P" at the beginning of the "SOAP" Method. This allows you to pray that God gives your fresh eyes to what you are reading (especially if it is a scripture you have already read).

- 6** Always end your time praising God and thanking Him for His goodness.